

XIV International Conference of TIME BANKS and WORK-LIFE BALANCE

Registration:

Free registration
Limited places
Please confirm attendance by email: saludyfamilia@saludyfamilia.es
or through the form available on the website: www.saludyfamilia.es

For further information:

Asociación Salud y Familia
Tel. 93 268 24 53 · www.saludyfamilia.es

Location:

- TUTORIAL and WORKSHOP 1: Asociación Salud y Familia Via Layetana, 40, Entresuelo 1A. Barcelona
- WORKSHOP 2 and 3: Casa Orlandai. Jaume Piquet, 23. Barcelona
- JORNADA: CaixaForum Barcelona. Av. Francesc i Guàrdia, 6-8. Barcelona.

Organized by:

Associació **SALUD** y Asociación **FAMILIA**

With the collaboration of:



Ajuntament de
Barcelona



Obra Social "la Caixa"

With the support of:



casaorlandai



Barcelona

16th and 17th October 2014

**CaixaForum Barcelona, Centro Social y
Cultural de la Obra Social "la Caixa"**
Av. Francesc Ferrer i Guàrdia, 6-8 · 08038 Barcelona



Thursday, 16 th October 2014

10:00h to 13:00h

TUTORIAL: Advice on the startup of a Time Bank

Coordination: **Mrs. Josefina Altés.**

Location: Asociación Salud y Familia.

16:00h to 19:00h

WORKSHOP 1: Tools to improve the management of the Secretariats of Time Banks.

Coordination: **Mr. Josep M. LLampallas.**

Location: Asociación Salud y Familia.

17:00h to 20:00h

WORKSHOP 2: Stimulation of the Time Banks.

Coordination: **Mrs. Montserrat González.**

Location: Casa Orlandai.

WORKSHOP 3: Communication and dissemination of the Time Banks.

Coordination: **Mr. Manuel López.**

Location: Casa Orlandai.

Friday, 17th October 2014

9:00h to 9:30h

Delivery of documentation and registration of participants.

9:30h to 10:00h

Opening of the conference

- **Mrs. Irma Rognoni.** Councillor of family, childhood, uses of time and disabled people. City council of Barcelona.
- **Mrs. Judith Ibáñez Vives.** President of “Asociación Salud y Familia”.

10:00h to 11:30h

Time Banks and Work-life balance.

- **Mrs. Agnes Uhreczky.** Director of COFACE.
- **Mrs. Elvira Méndez.** General Director. Asociación Salud y Familia.

11:30h to 12:00h

Break.

12:00h to 12:15h

Presentation of the Initiative proposal for the “Time reform” in Catalonia.

- **Mr. Fabian Monedano.** Promoter of the initiative.

12:15h to 13:15h

Time Banks. Experiences of reciprocity and active citizenship.

Moderator: **Mrs. Josefina Altés.** Coordinator of “Time Banks”. Asociación Salud y Familia.

- **Time Bank of Zaragoza.**
- **Time Bank of Vilanova i la Geltrú. Barcelona**
- **Time Bank of Manteras. Madrid**
- **Time Bank of Sarrià. Barcelona**

13:15h to 13:30h

Presentation of the project “Citizens Equally”

- **Sra. Verònica Martínez.** Coordinator of “Citizens Equally” Asociación Salud y Familia.

13:30h to 14:00h

Closing of the Conference.